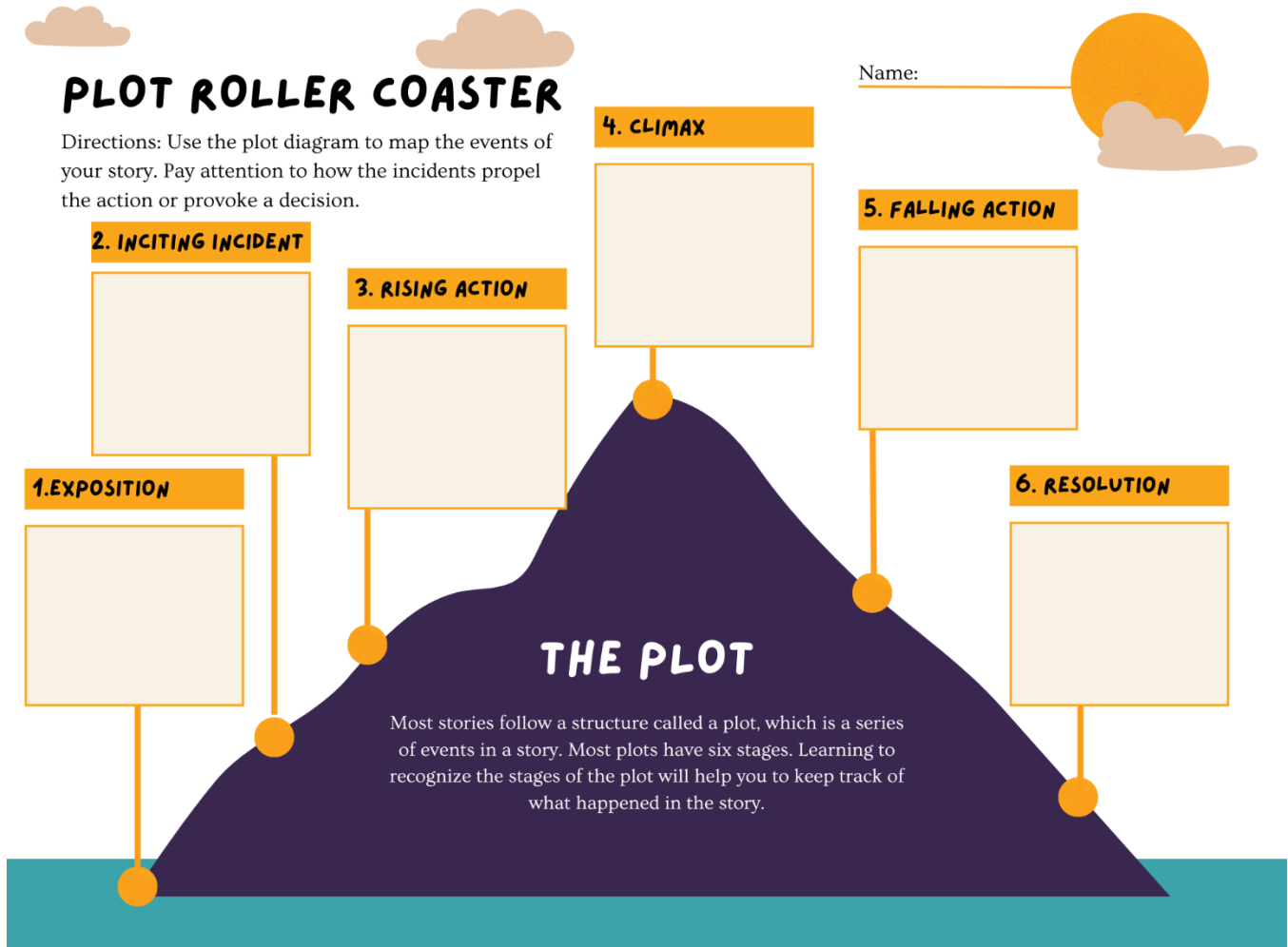


## Plot Roller Coaster Worksheet



### Exploring Your Novel's Setup, Inciting Incident, Rising Action, Climax, Falling Action, and Resolution

Trailblazers, welcome to your journey through the **Plot Roller Coaster**! Use these prompts to dive deep into your story's structure. This worksheet will guide you step-by-step through the key elements of your novel's plot. Write your answers directly in your notebook or discuss them with ChatGPT to refine your ideas.

### Overall Plot

1. What is your novel's central theme or message?
2. How does your protagonist's journey reflect the theme?
3. What obstacles will your protagonist face throughout the story?
4. Who or what is the primary antagonist, and how do they create conflict?
5. How does your story balance action, emotion, and reflection?

## **Exposition**

1. Where does your story begin? Describe the setting in detail.
  2. Who is your protagonist at the start of the story? What are their strengths and weaknesses?
  3. What is your protagonist's goal or desire at the beginning of the story?
  4. What's the tone or mood of your opening scene? How does it hook the reader?
  5. Are there any hints of future conflict or tension in the setup?
  6. What's your protagonist's normal life like before the story begins?
  7. How do you introduce the key characters?
  8. What initial relationships do the characters have with one another?
  9. How does the setting influence the characters' actions?
  10. What specific event signals the end of the setup and the start of the inciting incident?
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## **Inciting Incident**

1. What event disrupts the protagonist's normal life and sets the story in motion?
  2. How does the protagonist react to this disruption?
  3. What is at stake for the protagonist after the inciting incident?
  4. How does the inciting incident introduce conflict or raise questions?
  5. Does this event reveal anything new about the antagonist?
  6. How does the protagonist's goal shift after this moment?
  7. What emotions does the inciting incident evoke in the protagonist?
  8. How does this moment connect to the theme of your story?
  9. How does the setting enhance the drama of this event?
  10. What decision does the protagonist face as a result of the inciting incident?
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## **Rising Action**

1. What smaller challenges or conflicts does the protagonist face leading up to the climax?
  2. How do these challenges test the protagonist's strengths and weaknesses?
  3. What alliances or rivalries form during this phase?
  4. How does the antagonist increase the stakes?
  5. What key events bring the protagonist closer to or further from their goal?
  6. How do your subplots intertwine with the main story?
  7. How does tension build in each scene of the rising action?
  8. What important decisions does the protagonist make during this phase?
  9. Are there moments where the protagonist doubts their ability to succeed?
  10. How does the rising action lead directly to the climax?
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## **Climax**

1. What is the most dramatic or intense moment of your story?
  2. How does the protagonist confront the antagonist?
  3. What is the turning point where the protagonist's fate is decided?
  4. How does the climax resolve the central conflict?
  5. What sacrifices does the protagonist make to succeed (or fail)?
  6. What emotions should the reader feel during this moment?
  7. How does the protagonist change as a result of the climax?
  8. How does the antagonist react to the events of the climax?
  9. What surprises or twists occur during the climax?
  10. How does the climax set the stage for the resolution?
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## **Falling Action**

1. How do the characters deal with the aftermath of the climax?
  2. What loose ends need to be tied up?
  3. How has the protagonist changed compared to the start of the story?
  4. What consequences do the characters face as a result of the climax?
  5. Are there any moments of reflection or calm after the intensity?
  6. How do the relationships between characters evolve?
  7. What does the antagonist's defeat (or victory) mean for the world of the story?
  8. How do subplots wrap up during the falling action?
  9. How does the falling action bring closure to the story?
  10. What final choices does the protagonist make in this phase?
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## **Resolution**

1. What is the final scene or moment of your novel?
  2. How does the protagonist's journey end?
  3. What does the resolution reveal about the theme of your story?
  4. How are the characters' goals resolved or redefined?
  5. Does the protagonist achieve happiness, growth, or something else?
  6. How does the world of the story change by the end?
  7. What lingering questions might the reader have after finishing?
  8. How do you want the reader to feel as they close the book?
  9. Are there any hints of a future story or sequel?
  10. What's the lasting message or takeaway of your novel?
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Use this worksheet as a roadmap to plot your novel and make your story engaging from start to finish. Happy writing! 🚀